

DISTRICT 34 Minutes for January 25, 2024 MEETING

1. THE MEETING WAS OPENED BY Carla W WITH A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.

READINGS OF THE: 12 TRADITIONS: Cheri P – Trenton Group

12 CONCEPTS: Amy P – Picton 12 and 12 Group

ACCEPTANCE OF THE PREVIOUS MONTH’S DATED MINUTES

Motion: Steven M – Stirling Friday Night Group

Seconded: Cheri P – Trenton Group

Accepted

2. ACCEPTANCE OF THE CURRENT AGENDA

Motion: Max – Happy Destiny Group

Seconded: Mike B – Primary Purpose Group

Accepted

ROLL CALL: The Following Group Service Representatives were in attendance

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| <ul style="list-style-type: none">1. Attitude Adjustment2. Belleville Sunday Morning Group3. Cannifton Friday Night Group4. Consecon Better Life Group5. Foxboro Friendship Group6. Happy Destiny Group7. Lennox Group8. Lunch Bunch9. New Hope Group10. Picton 12&12 Group | <ul style="list-style-type: none">11. Picton New Life Group12. Primary Purpose Group13. Second Chance Group14. Stirling 12 & 1215. Stirling Friday Night Group16. Sunrise Group17. Trenton Group18. Triangle Unity Group19. Tweed Group20. Women Living Sober Group |
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Sub Committees: Public Information :
CPC
Corrections
Webmaster
Treatment

Officers: DCM
Alt. DCM
Treasurer

Secretary

Visitors: 3

3. GSR GROUP HIGHLIGHT REPORTS: (only emailed reports need to be included in this section)

Primary Purpose Group: I'm an alcoholic, GSR for the Primary Purpose Group and my name is Mike. Our meeting is held Wednesday's at 8pm at St. Matthew's United Church, 25 Holloway St, Belleville. You can park out back and enter through the back door. The meeting is up the stairs at the end of the hall on the second floor. This is a wheelchair accessible location. This is a Closed Big Book Meeting of Alcoholics Anonymous.

We have had fairly steady attendance over the past month ranging from 6-18 people. We are self-supporting through the 7th tradition. We have no new members and have birthday, today I celebrate 3 years of sobriety.

Our basic text Alcoholics Anonymous lays out the instructions to the 12 steps, please come and join us in reading and discussing our program of recovery. It's a "design for living" that really works(p 28).

In Love and Service, Mike B

Cannifton Group: Finances are good, attendance is 30-40 people, 3 new members. No new medallions. Later this year there will be a 50 year group Anniversary announcement .

Yours in Service, Kim - GSR

Foxboro Friendship Group: The Foxboro Friendship Gr is doing very well. We're getting big crowds coming out to Our Friendly Group, even last week when it was stormy we still had about sixty.

The financial responsibilities of the Group are been met and we're able to give money to District and Area also GSO.

If you're looking for a new Group, take time to check out different groups, then pick one you feel comfortable at.

At the Foxboro Friendship Gr, we have all Three Legacies working - Unity, Service and Recovery.

Thanks for allowing me to be of Service

Les M Alt GSR Foxboro Friendship Gr

Napanee Out of the Fog Group: I am an alcoholic and my name is Theresa. I am the GSR for the Tuesday Night, Napanee Out of The Fog 12x12 Group.

The group continues to be available in two formats, virtually and in person.

The group has a prudent reserve of three months operating expenses.

In mid-December, Deborah B. was ill, so her medallion celebration was postponed.

On December 24th, Cezar S. observed his seventh year of sobriety.

On January 6th, Irene C. observed her eighteenth year of sobriety.

On January 16th, our group celebrated a one year medallion for Deborah B.

Out of The Fog 12 x 12 started on February 28, 2012. This year marks 12 years of service to Napanee and the surrounding area.

Upcoming medallion:

In March, Sierra C. will celebrate her 5-year medallion (date TBD).

Yours in Service, Theresa B. GSR

4. SUB COMMITTEE REPORTS: (only emailed reports need to be included in this section)

Grapevine:

Good evening, everyone, my name is Debra and this is the Grapevine report for January. It has been a quiet month for the Grapevine Our monthly Area Grapevine meeting was cancelled and there is nothing new to report from New York.

As per my custom I will end my report with the Grapevine Daily quote:

“All turmoil comes from the deep, nagging feeling that we should be different from what we are ... If we could totally accept who and what we are (changing each instant), we would find ourselves moving in the silent immenseness of now.”

Yours in Service, Debra

Web Master:

Report attached to minutes.

Corrections:

Good Evening I'm Les M also an alcoholic and Alt Corrections Chair for District 34.

Meetings at Millhaven Institution are not going very well, not many inside members wanting AA Meetings. When needed we go in for 0900hrs every 2nd Tuesday. Missed the last one on account of weather conditions. Was supposed to go in next Tuesday but they canceled, on account of a fire drill. only getting 1 or 2 guys out.

At Bath Institution the meetings are going very well averaging around 15 guys, we're presently going through the 12 Steps (Back to the Basics). I missed the Jan 9th meeting account weather conditions. this Group are very grateful that AA from the outside come into their meetings and they Thank District 34 for that.

We can always use soft cover Big Books, 12 & 12, Daily Reflections and plastic chips.

Quinte Detention Centre - the meeting are going very well, we have 4 new volunteers. The meetings are held at different times and happen on days, evenings and weekends. I would like to thank our volunteers who give their time and fellowship to this worth while task. I was in last week with Amy P, we held 2 meetings and today I went in by myself, held 2 meetings one with 3 ladies and the 2nd with 6 ladies. The rest of the volunteers have also being going in to put on meetings. Quinte Detention Centre has changed from 80% men and 20% women too 80% women and 20% men.

Thanks for allowing me to be of Service to District 34.

Cheers Les M

Treatment:

It's an honour to serve District 34 as your treatment chair, I am a member of the Primary Purpose group, an alcoholic and my name is Mike.

I have been in contact with the Grace Inn Shelter and was supposed to have a meeting at the end of last week to discuss a putting on an A.A. meeting. I fell ill last week at the end of the week and was unable to attend, therefore I have rescheduled for this coming week on February 1st.

It has come to my attention after missing this meeting at the shelter that having some support in this role as Sub-committee Treatment Chair would be of great value. In keeping with the spirit of rotation, although a ways away, I would like to find an Alternate Sub-committee Treatment Chair who I can work with, share my experience and help with duties such as trying to start meetings and connecting with the treatment community. I would like to put it out to the groups that I am looking for someone for this

position. My contact information is always at the bottom of my report and on the District contact list. Please feel free to share that information with anyone who would consider becoming the Alternate. Working in the community to help other alcoholics to recover is a fulfilling and meaningful duty. I am grateful there was trusted servants there when I was getting sober.

I have deposited the cheques that I received from the table and have made another literature and pamphlet purchase. Of the \$400 I received, I have now spent \$284.86 and have a remaining balance of \$115.14. I have not printed the receipts yet but have email copies.

There hasn't been any Bridging the Gap requests brought to our District over the past month.

Literature and pamphlet donations are always welcome. If you have any questions and/or, are interested in becoming a Temporary Contact for the Bridging the Gap program please contact me after the meeting, or via cell or email at: 905-269-2660 or behaner_9@hotmail.com

In Love and Service, Mike B

PIC:

Month	Secretarial	Check-ins	Call-outs	Voice mails
January 2023	19	0	1	21
February 2023	18	0	3	19
March 2023	34	0	10	14
April 2023	29	0	3	12
May 2023	12	0	0	9
June 2023	19	0	2	16
July 2023	25	2	8	6
August 2023	11	0	2	11
September 2023	11	1	3	23
October 2023	18	1	11	28
November 2023	5	0	0	12
December 2023	20	0	2	10
Year to date	221	4	45	181

As requested by the Table, I have received the breakdown of the cost from the TAS. We pay a flate rate of \$96.90 and we pay a fee of \$1.10 for every minute. Patching costs \$0.25 for every minute.

The invoice gets sent every month to the treasurer which breaks down the cost.

All other services are included, like statutory holidays, Bell line fee, voice mail and voice messaging.

I am including the Call Report for TAS for the year 2023 with my report, which I receive every month.

I also have the volunteer phone list, which I need to update and then send back to the TAS.

Thanks to Carla, our DCM, a new meeting list was submitted to TAS as well.

I was not able to download the meeting list from the website.

I hope that will answer all your questions.

Yours in service, alcoholic Lilliane

Bev asked about the contract costs.

Carman asked for a clear definition of what the dirrent columns indicate.

Steven asked if there is a copy of the contract. Who has it? (Treasurer or PI chair)
 Les also suggested asking the service what each column means.
 Brent suggested investigating possible alternatives that are “cloud-based”.
 Lillian is to get the information asked of her.

Self-Support:

I am an alcoholic and my name is Theresa.

In 2023, the Area 83, (virtual) Self-Support Meeting met once a month.

There was no meeting this month (January 2024), as it has adopted a new bi-monthly schedule.

The new 2024 Virtual Meeting Schedule is as follows:

February 20 @ 7:00 pm

April 16 @ 7:00 pm

June 18 @ 7:00 pm

August 20 @ 7:00 pm

October 15 @ 7:00 pm

December 17 @ 7:00 pm

It is noted, that the Fall Assembly Self-Support Powerpoint and Member Statistics Chart is available on the Area 83 Website. Having said that, the chart of the “Cost of Pop, Cigarettes, Gasoline” is outdated.

In the month of February I plan to attend the Virtual Service Information Day (Feb. 10th)

The Treasurer/Self Support Workshop is happening at 10:00 a.m.

GSR's please pass this along to your group members.

Yours in Service, Theresa B. District 34 Self-Support

5. OFFICERS REPORTS:(only copies of the reports that are emailed to you are included)

TREASURER:

Report was presented at the Table, but no written report received by Secretary.

DCM:

Good Evening, I am an Alcoholic, member of the Primary Purpose Group and it is my privilege to serve as your DCM.

This month I attended several medallions in District 34 – ranging from one year to 45 years. I also attended the DCM Sharing Session on January 11th as well as the Area Committee Meeting on January 13th.

At the Area Committee Meeting a motion was put forward to contribute \$20,000 to GSO. Just to put some context on this – we do have the money. I will include a breakdown in my report for the minutes but at end of year our account had a balance of \$84,240.54. Whereas in 2022 we had a closing balance of just over \$60,000 and contributed over \$15,000 to GSO.

Year	Income	Expenses	Balance	GSO Contribution
2015	\$61,585.87	\$58,006.19	\$22,506.99	\$0.00
2016	\$67,005.64	\$61,149.58	\$29,496.89	\$100.00
2017	\$72,672.14	\$57,892.87	\$44,557.43	\$750.00
2018	\$68,083.14	\$71,488.79	\$41,151.78	\$5000.00

2019	\$72,573.47	\$73,904.10	\$40,490.20	\$0.00
2020	\$34,181.71	\$33,074.98	\$41,596.93	\$5,000.00
2021	\$35,318.84	\$30,423.68	\$46,492.09	\$25,100.00
2022	\$53,774.34	\$39,526.91	\$60,739.52	\$15,100.00
2023	\$107,536.99	\$84,035.97	\$84,240.54	\$0.00

Just a reminder about our virtual Service Information Day on February 10. This will be on Zoom and it would be great to see many of you there. We start at 8:45 and there are some really interesting topics – including a presentation on Possible Agenda Items at the Pre-Conference Agenda Sharing sessions.

On that note I have received enjoyed the discussions I have had with members about where they stand in terms of changes to our literature, specifically the in-progress translation of the Big Book into simpler language. I encourage you to review the letter from the GSO dated November 13th which you would have received via email. The GSO wants to hear from the members – as it is the members make up the top of the triangle – in regards to FUTURE changes to our literature. To encourage discussion we have been provided a series of questions to spark discussion.

Yours in Love and Service **Carla W**

Alt DCM:

Good evening, District 34 friends. My name is Steven, a grateful alcoholic, member of the Stirling Friday Night Group and your Alternate DCM. This month, I reached out to our contacts for the One Page At A Time and New Direction Groups. Brad of the former advised me that meetings were irregular over the past year, only one or two members would show up, it would be prudent to close the Group and update the website and meeting lists. He also said that he has some 7th. Tradition monies and literature that he will arrange to deliver to the District. Melanie of the latter advised me that the Group is no longer running as the church closed. I have advised Area 83's Registrar and our webmaster of these groups' change in status. On a happier note, I attended the Belleville Sunday Morning Breakfast Meeting Group this past Sunday. There were a dozen or so present, one of whom picked up a 24-Hour chip. Two of the Group's newer members were nearing 30 days of continuous sobriety. Yours in Love and Service. Thank you.

Secretary

Area 83 Reports forwarded to District:

Date Sent	Subject
Dec 31/23	Service Information Day - February 10, 2024 – AGENDA
Jan 21	Update on printing delays and backorders due to supply chain disruptions
Jan 21	District 34 Agenda and minutes
Jan 21	2022 A.A. Membership Survey

Bev asked that the minutes be sent out in a more timely manner – ie within 2 weeks and that an updated mailing list be sent out.

Operating procedures for the district are to be updated showing the changes for 2023:

- Meeting venue- change from Hillcrest to Quinte Sports and Wellness Centre
- Increase expenses from \$100.00 to \$200.00 for committee chairs.

Operating Procedure Updates were to be released to District in April. The most recent copy of the Operating Procedures (prior to any updates I am adding) is being forwarded with these minutes.

Any recommended changes need to be brought to the table as a “notice of motion” for two months, as documented in the agenda.

Please present ALL recommendations together rather than individually.

6. OLD BUSINESS

7. NEW BUSINESS

Carman has updated the group lists.

Notice of Motion: That we change the mileage allowance from \$0.35/km to \$0.50/km to be in line with the Area.

NEXT MEETING DATE: February 29, 2024

8. SHARING TIME:

Paul-Eric suggested that we consider having a Literature chair for the district.
Jenn – regarding the TAS, are we not paying for people to answer the phone?

9. CLOSED WITH THE RESPONSIBILITY DECLARATION FOLLOWED BY THE LORD'S PRAYER.