

DISTRICT 34 Minutes for July 27, 2023 MEETING

1. THE MEETING WAS OPENED BY Mike S. WITH A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.

READINGS OF THE: 12 TRADITIONS: Cheri

12 CONCEPTS: Paul

ACCEPTANCE OF THE PREVIOUS MONTH'S DATED MINUTES

Correction to next meeting date, shows January and should show July.

Motion to accept corrected minutes: Steven

Seconded: Neil

Accepted

2. ACCEPTANCE OF THE CURRENT AGENDA

Inge suggested making a change to the operating procedures, and Carla suggested that a change be made regarding email addresses.

Motion to accept amended agenda: Debra

Seconded: Les

Accepted

ROLL CALL: The Following Group Service Representatives were in attendance

- | | |
|---------------------------------|---------------------------------|
| 1. Attitude Adjustment | 12. New Hope Group |
| 2. Bath HR Group | 13. Out of the Fog Group |
| 3. Bath Rebuilders Group | 14. Second Chance Group |
| 4. Cannifton Friday Night Group | 15. Stirling Friday Night Group |
| 5. Consecon Better Life Group | 16. Sunrise Group |
| 6. Friday Happy Hour Group | 17. The Lunch Bunch |
| 7. Foxboro Friendship Group | 18. Trenton Group |
| 8. Happy Destiny Group | 19. Triangle Unity Group |
| 9. Lennox Group | 20. Women Living Sober Group |
| 10. Marysville 12&12 Group | |
| 11. Napanee Big Book Group | |

Sub Committees: Public Information
Treatment
Corrections
Grapevine
Webmaster
Self-support

Officers: DCM:
Alt. DCM
Treasurer
Secretary

Visitors: 3

3. GSR GROUP HIGHLIGHT REPORTS: (only written or emailed reports are included in this section)

Stirling Friday Night - Good evening, friends. My name is Steven, a grateful alcoholic and GSR for the Stirling Friday Night Group. Both of our meetings, Friday Night open speaker and Wednesday Night 12 + 12 closed discussion, are well attended. The Group's finances are good. Laurel P's 40-year Medallion on July 21st. was awesome with a great turnout. Our heartfelt thanks to the members of groups in District 34 and others, as well as members of this table, who attended this special night. We have no birthdays or medallions coming up in August. Thank you.

Bath Rebuilder's Group - Good evening everyone, my name is Meagan F and I am the GSR for the Bath Rebuilder's Group.

There is no medallions to report this month. We have an average of 7-9 people per meeting. We remain in good financial standing.

Debra B celebrated 7 years on July 21st. Our group started a Twelve and Twelve meeting at the last Tuesday of each month. This week was our first meeting and it went well. Thanks to Carmen and others that reached out to support us by gathering Twelve and Twelve books for us.

Yours in Service, Meagan F

Out of the Fog Group - I am an alcoholic and my name is Theresa. I am the GSR for the Tuesday Night Napanee Out of The Fog Group.

I attended the Area 83 GSR virtual meeting this month. There was a presentation on Concepts 1, 2 & 3. Over the past two months our weekly attendance has been lower than average. This appears to be due to summer holiday schedules. The group has a prudent reserve of three months operating expenses. Our insurance policy is due annually in September.

On Tuesday August 15th, there will be a 15 year medallion for Diane A. Two other members will observe anniversary dates in August. On August 5th, Wayne B. will have 16 years & on August 21st, Joëlle B. will have 3 years.

Yours in Service, Theresa B. GSR

Consecon Better Life Group – There will be a 1 year medallion on August 8th at 7:30pm for Bill K.

Canifton Friday night Group - There will be a 15 year medallion for Doug on August 4th at 8:00pm. Finances and attendance is great. There will be a District group donation coming and attendance at group is between 25-30 people attending.

Yours in service , Kim S . Group GSR

4. SUB COMMITTEE REPORTS: (only emailed reports are included)

Corrections:

* Bath Institution – Meetings started this week on Tuesday July 25, 2023. 9 Members attended, this was the first meeting in over 3 years in which outside people attended. All of the attendees were very pleased and look forward to regular attendance of Volunteers. They are in need of chips, Big Books and Daily Reflections if groups can donate 2 copies of the Big Book and bring to District meeting that would be appreciated. Meetings are bi-weekly Tuesdays at 1300hrs, if there were more Volunteers then we could go weekly however it is just Les M. and myself. We need your help.

* Quinte Detention Centre (QDC) – Require Male Volunteers. Les M. and Neil W. went into put on meetings on Thursdays during daytime however limited space to hold meetings. Alternative Times are any evening or anytime on weekends for meetings. Women's meeting is going well. One Male Volunteer is awaiting his orientation meeting.

* Millhaven Maximum Federal Institution Meetings – Bi weekly on Tuesdays at 1300hrs. Currently 1 meeting in Gen Population and one to one meeting in SIU. Not much attendance of Offenders now as most of the attendees have moved over to Bath Institution and other Prisons.

Please contact me if you require an application for Quinte Detention Centre or any of District 34's two Federal Institutions or any corrections assistance cdndishman@hotmail.com

Always require Big Books, Daily Reflections and Grapevines and really appreciate all the Groups who support this endeavor. Could also use the pamphlet Memo to an Inmate.

On Tuesday, September 26, 2023 in the morning and afternoon for a PRE-RELEASE FAIR run by the John Howard Society of Eastern Ontario, require volunteers to sit at AA Table in each institution. Bath Institution is the morning and Millhaven is the afternoon. If you are interested in doing this I need to get your details by 31 August 2023 for a 1 day clearance. We need your assistance for this to help Carry the Message.

Email cdndishman@hotmail.com for Corrections Application (please indicate Quinte Detention Centre, Bath, or Millhaven) to commit to entering Prisons in our Area in 2023 to help Carry the AA Message!

Gods Speed.....Gratefully yours in Service – Neil W. 613-530-6362

AA Corrections Chair District #34 – Quinte East

Grapevine:

Hello my name is Debra and I am your Grapevine Rep. It has been a quite month for Grapevine news. I will be attending a meeting in August for all Area 83 Grapevine reps.

Hopefully I will have a bit more at our District 34 August meeting.

The Grapevine quote of the day is:

July 27, 2023

“AA may or may not get me to heaven, but it surely got me out of hell.”

“Something Revolutionary,” Nairobi, Kenya, April 1998, AA Around the World: Adventures in Recovery

Yours in service **Debra (text info 613-602-1390)**

Treatment:

I am an alcoholic, a member of the Cannifton Friday Night Group, and your District 34 Treatment Chair and my name is Mike.

The Foster Ave treatment facility is still closed until further notice. Therefore we have not had any meetings there for the past month. I have been in regular contact with the facility manager and they are hoping to have clients back soon.

There have been no Bridging the Gap contacts this month either.

If anyone would like to volunteer to be a Bridging the Gap Temporary Contact or to go into the treatment centre to put on a meeting, please talk to me after the meeting or contact me anytime. In Love and Service, Mike Behan

Web Master:

Not a lot of website traffic. I intend to step at the end of this term and will help the new webmaster ease into the new role.

Bev- thanks, on behalf of everyone here, for your excellent service.

PIC:

Sample flyers available in B&W with a QR code. The cost \$80.66 for 50 or \$102.76 for 100 colour copies. Bev suggested that Lilliane refer back to the Public Information Workbook for guidelines as to locations for placements.

Self-Support:

I am an alcoholic and my name is Theresa. I attended the Area 83 Self-Support virtual meeting. Here is the Self-Support update for July.

It has been reported that Self-Support activity at the Area level has been quiet since mid-June as some District Tables do not meet during the summer. There will be updated Birthday / Celebration contribution envelopes, with the address for GSO, available at the Area 83 Fall Assembly.

There are no scheduled presentations or service commitments coming up, although I remain available if GSRs would like me to attend.

Many groups report that they prefer to do online contributions to GSO vs. regular mail. It is more efficient and saves time and money (i.e. no envelope/ receipt/ postage costs). Receipts are sent back electronically.

Yours in Service, Theresa B. District 34 Self-Support

Conference:

The District 34/36 Conference will be held Sunday, Sept 24th, 2023 at the Napanee Lions Hall. Heather has organised this well. We need financial support – the meals alone cost \$3,000.00 and are being sold at cost. Information packets with 5 tickets each are being sent out to all district GSR's. Tickets are \$25.00 each. What tickets are not sold by GSR's are to be brought to the conference to be made available to sell at the door.

5. OFFICERS REPORTS:(only emailed reports are included)

Alt DCM:

Good Evening Friends, I am an Alcoholic, member of The Napanee Big Book Group my name is Carla and I am your Alternate DCM.

This was a quiet month for a Alternate DCM however I did have the pleasure of learning a bit about our Archives – housed at the Belleville Library. Curious to view our archived material I reached out to Amanda Hill, the Belleville Archivist and set up an appointment to go see for myself some of our local AA history.

For anyone curious about the process – the Community Archives are available Monday-Thursday from 10am-1pm and 2pm until 4pm. They do ask that we contact them prior to coming so that they can make sure they have someone available to assist.

I have a list of items that are housed in our archives that I will include in my report – but there were a lot – and I mean a LOT of type-writer written minutes, literature, personal stories in notebooks and a few group tablecloths. A lot of our history in 3 banker boxes.

While there I inquired about their current AA contact as the archives position is vacant. They had our previous District 34 Archives sub-committee chair listed as a contact through their personal email and so this was updated to the generic archives@quinteeastaa.org after it was confirmed with the webmaster that any “vacant position” emails would default to the webmaster email so the webmaster could then pass along to the appropriate contact.

The people I met at the Belleville Archives were extremely helpful and I again remind you that the archives position is vacant so if you – or anyone else – may be interested in filling this valuable role I would be happy to share more of my very brief, curiosity-driven experience with you.

As a reminder – if there have been changes to your groups’ location, your GSR or Alternate GSR – please complete one of the Group Change forms and I will pass along the information to the Area Registrar. If you are a new GSR and would like to receive a hard copy of the GSR kit in the mail, please check the box for “new GSR” and I am told there is a very quick turnaround time.

In service, Carla

Records at the Belleville Library include:

- Photocopied minutes of Deseronto Skyway group, 1970-1972

TREASURER:

Month of July 2023

Balance forward from last month **\$2,745.03**

Incoming contributions

Picton 12 & 12 - cash	\$100.00
Picton New Life – chq	\$200.00
Trenton – chq	\$70.00
Stirling Friday Night – chq	\$150.00

7 th Tradition (Dist June)	\$76.80
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Total Incoming	\$596.80
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Sub total	\$3,341.83
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Expenses

pac* TAS July	\$158.61
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Chq #266 Treatment (Literature)	\$200.00
Chq #267 Corrections (Literature)	\$200.00
Chq #269 District 34/36 Conference	\$200.00
Chq #270 Treasurer (July/Aug) rent	\$126.56

Bank Charges	\$2.50
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Total outgoing	\$887.67
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Closing Balance	\$2,454.16
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- *pre-authorized chq

Chq #268** Inge Davis (zoom)	\$225.73
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Reserve Account

Balance forward from last month	\$1,031.02
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Interest Earned this month	\$2.16
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Closing Balance	\$1,033.18
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** See Note 1 – Reconciliation with bank balance on Sheet 2

Secretary:

Five emails forwarded to District

Area 83 Reports forwarded to District:

Date Sent	Subject
July 02	2024 Class B Vacancies
July 09	June 3, 2023 - Area Committee Meeting (ACM) Minutes
July 23	Treatment Activity Update July 2023
July 26	Message from the GSO General Manager
July 27	July District Agenda - Quinte Sports and Wellness Centre/Fireplace Room

6. OLD BUSINESS

- Two vacant positions: CPC and Archives
- Using the glide application – <https://area83communications.glideapp.io>
- Change of meeting location due to: Recommendation Belleville Wellness Centre.
 - a. Safety concerns in winter
 - b. General accessibility
 - c. WiFi capabilities
- Support being offered by DCM/ADCM for facilitating group inventories. Please see Glide App for further details.

7. NEW BUSINESS

- Notice of Motion at Area 83 (2nd month) – Assembly location rotation throughout the Area – will be voted on in the Fall Assembly – Group feedback required.
- District website update – Carman D -

Kelly has been taking care of the website for 8-9 years and created the website with his knowledge of coding.

WordPress basic is free – pay only for updates and troubleshooting. However, it does require some technical knowledge to properly manage it.

Square Space is a website builder that works on a template basis and is provided by Kasama Marketing – a company located in Stirling. They have quoted \$1,000.00 for the initial set-up modification and then \$23.00/month. Tech support is \$80.00/hour in 15 minute increments. Most companies will charge \$2500.00 for the initial cost. It is used by Quinte Transit and is fairly easy to update information on the site. . . basic computer skills and quick technical support.

Carman made a Notice of Motion that District 34, Quinte East, sign a contract with Kasama Marketing to redevelop our website using the program Squarespace at a quoted cost of \$1,000.00 + HST. This is to be taken to our groups for discussion for two months.

- Inge proposed that the operating procedures be changed to upgrade the committee member expense amounts from \$100.00 per year to \$200.00 per year. This has been approved previously at the District Table.

- Carla suggested that emails be sent to the district email addresses as opposed to their personal email addresses. This is to facilitate accessing messages when the committee chair position is vacant, and to protect the privacy/anonymity of the committee chairs and district officers, especially after a rotation of position. All messages sent to the appropriate district chair or officer ARE being forwarded to their personal email addresses.

Carla moved that vacant position emails be forwarded to DCM and ADCM, seconded by Kelly. Carried.

NEXT MEETING DATE: August 31, 2023

8. SHARING TIME:

Jay asked if there is some kind of group insurance available for 3rd Party Liability as requested by some hosting facilities.

DCM: No. This falls under group autonomy and 7th Tradition self-support. Is it possible to change your meeting location to a place that does not insist on the insurance, or one that includes it with their rental agreement.

Neil – Is there a place near here where I can obtain literature for my committee use?

DCM – No, each group is responsible to purchase literature however or wherever they want. Places like Toronto, Ottawa, Oshawa and Peterborough have intergroups that make literature available, but we do not in our district.

Carla moved to close the meeting, seconded by Geoff. Carried

9. CLOSED WITH THE RESPONSIBILITY DECLARATION FOLLOWED BY THE LORD'S PRAYER.