

## DISTRICT 34 Minutes for September 28, 2023 MEETING

1. **Mike S stated that Carla would chair this month's meeting as he, Mike, would be stepping down as DCM at the end of this meeting.**

2. **THE MEETING WAS OPENED BY Carla W. WITH A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.**

READINGS OF THE: 12 TRADITIONS: Cheri

12 CONCEPTS: Steven

**ACCEPTANCE OF THE MINUTES FROM AUGUST 31, 2023**

Motion: Les

Seconded: Jimmy

Accepted

3. **ACCEPTANCE OF THE Amended CURRENT AGENDA, amendment to Old and New Business.**

Motion: Paul-Erik

Seconded: Mike B

Accepted

**ROLL CALL:** The Following Group Service Representatives were in attendance

- |  |  |
|--|--|
| 1. <b>Cannifton Friday Night Group</b> | 9. <b>Second Chance Group</b>          |
| 2. <b>Foxboro Friendship Group</b>     | 10. <b>Stirling Friday Night Group</b> |
| 3. <b>Happy Destiny Group</b>          | 11. <b>Sunrise Group</b>               |
| 4. <b>Lennox Group</b>                 | 12. <b>The Lunch Bunch</b>             |
| 5. <b>Napanee Big Book Group</b>       | 13. <b>Trenton Group</b>               |
| 6. <b>New Hope Group</b>               | 14. <b>Triangle Unity Group</b>        |
| 7. <b>Out of the Fog Group</b>         | 15. <b>Women Living Sober Group</b>    |
| 8. <b>Picton New Life Group</b>        |  |

**Sub Committees:** Public Information  
Treatment  
Corrections  
Grapevine  
Self-support

**Officers:** DCM:  
Alt. DCM  
Treasurer  
Secretary

Visitors: 2

**4. GSR GROUP HIGHLIGHT REPORTS:** (only rewritten reports that are emailed to you need be included in this section)

**Stirling Friday Night Group:** Good evening, friends. My name is Steven, a grateful alcoholic and GSR for the Stirling Friday Night Group. Both of our meetings, Friday Night open speaker and Wednesday Night 12 + 12 closed discussion, are well attended. The Group's finances are good. We welcomed Jess W. as a new member of our Group this month. Murray O's 20-year Medallion on September 22nd. had a great turnout, which included 15 or so members of the East York Group in Toronto, his old home group. The carrot cake was delicious as usual. Kudos to Bill K's daughter, Erica, who bakes it for our celebrations. Another, hopefully, will be done for our Group Anniversary on October 13th. Come on up "over the Hill" and have a slice! We have two birthdays In October; Bob H. has 46 years on the 2nd. and Jan P. has 2 years on the 21st. There are no medallions in October. Thank you.

**Out of the Fog Group:** I am an alcoholic and my name is Theresa. I am the GSR for the Tuesday Night Napanee Out of The Fog Group.

The group has a prudent reserve of three months operating expenses. In September we made two contributions, one directly to the District 34/36 Conference and the other has been sent to New York, General Service Office.

Group attendance increased in August and September with two medallion celebrations. The virtual meeting has attendance fluctuating between 4 - 10 people.

There are no medallions or celebrations in the month of October.

Yours in Service, Theresa B. GSR

**Foxboro Friendship Group:** Hi Folks, The Foxboro Friendship Gr is doing well. We're having great attendance at our Group anywhere from 80 - 90 a meeting. All our financial obligations have been met, with the Group sending money to District, Area 83 and the General Service Office.

We have two Medallions in Oct -2023

Les M - 45yrs -- Oct 9

Bob M - 50 yrs - Oct 23

Love in Service Les M Alt GSR Foxboro Friendship Gr

**5. SUB COMMITTEE REPORTS:** (only copies of the reports that are emailed to you are included)

**Corrections:**

\* Bath Institution – H-Hour Group– Meetings with outside Volunteers every other Tuesday at 1300hrs and they have their own inside meeting without volunteers on the odd week. Excellent participation and the men were very grateful to receive their medallions of various sobriety lengths. Group has sent a \$100 to District by mail to Treasurer. Just to clarify they have had meetings continuously for several years but no outside support until recently.

\* Quinte Detention Centre (QDC) - Alternative Times are any evening or anytime on weekends for meetings. Women's meeting is going well. On 19 Sep I went to put on meeting and was told upon arrival a med emergency and no meetings. I purchased 21 mini big books and pamphlets from Toronto Intergroup and they also gave me several old Grapevine Issues with the donation from Inges Group and gave them to QDC Volunteer Coordinator.

\* Millhaven Maximum Federal Institution- Behind the Wire Group –Not much attendance of Offenders now as most of the attendees have moved to other Prisons.

Please contact me if you require an application for Quinte Detention Centre or any of District 34's two Federal Institutions or any corrections assistance.

Always require Daily Reflections, Big Books and Grapevines and really appreciate all the Groups who support this endeavor. Always need Volunteers to Carry the Message if you have a few hours per month during the daytime.

On Tuesday September 26, Les M. attended both Institutions alternating between Prisons in morning/afternoon to carry the message. Great attendance at Bath but not so much demand at Millhaven.

Email [cdndishman@hotmail.com](mailto:cdndishman@hotmail.com) for Corrections Application (please indicate Quinte Detention Centre, Bath, or Millhaven) to commit to entering Prisons in our Area in 2023 to help Carry the AA Message! Gods Speed.....Gratefully yours in Service –

Neil W. 613-530-6362 AA Corrections Chair District #34 – Quinte East

### **Grapevine:**

**Good evening, everyone. My name is Debra and this is the Grapevine report for September.**

I have highlighted an excerpt from the final report from the April 2023 General Service Conference.

Motions: The A.A. Service Manual will not be printed in 2023 and that a new edition be published every two years, beginning in 2024. • A full rewrite be conducted of chapters 8, 9, 10, 11 and 12 to correct inaccuracies and to better clarify the roles, responsibilities and relationships between the General Service Office, AA Grapevine, and A.A. World Services, Inc. in The A.A. Service Manual and that the trustees' Literature Committee forward these draft sections or a progress report to the 2024 Conference Committee on Report and Charter.

I attended the Districts 34/36 Conference last Sunday as the District 34 Grapevine Rep.

It was extremely exciting to finally be at a face-to-face conference after nearly 3years.

I sold close to a hundred dollars in Grapevine literature. It was wonderful to see people welcoming the Grapevine back into their program routine.

The orders for the calendars and planners are into Area. They should be ready for pick up at the fall conference. They will be distributed to the GSRS after that.

The most popular book at last Sunday's conference was the Book of Daily Quotes. So, it is only fitting that I end with today's quote:

**"I had been undergoing a spiritual experience without knowing it. My confused questioning about a Higher Power, my changed mental attitude, and even my physical recovery had all be part of a spiritual awakening. Without knowing it, I had been in contact with the source of life, whatever or whoever that might be."**

Yours in Service, **Debra**

### **Treatment:**

**It's an honour to serve District 34 as your treatment chair, I am a member of the Cannifton Friday Night group, an alcoholic and my name is Mike.**

Through a series of emails from September 1-11 with Jason, the Addictions Program Manager at CMHA Hastings Prince Edward Addictions and Mental Health Services, I have been informed that the facility at 142 Foster Ave, Belleville will no longer be open and in service, therefore discontinuing meetings. I inquired about bringing a meeting, literature, pamphlets or information sessions to other facilities or programs in the area and reinforced our commitment to the relationship between Alcoholics Anonymous and CMHA Hastings Prince Edward. Jason stated that they are checking the feasibility and logistics on having meetings elsewhere and will keep us updated on any progress.

Also, on September 11<sup>th</sup> I reached out to Administration at Belleville General Hospital to inquire starting back up a meeting there or providing pamphlets if needed. Julia, the Executive Director of Quinte Health reached out saying that the Quinte Health hospitals would not be able to host meetings at the current time due to security issues. They would like to revisit the idea in the new year. She also stated that she has spoken with Belleville General Hospital Chief of Psychiatry Dr. Colin McPherson and he would be

more than willing to accept any pamphlets or information we have on alcoholism and Alcoholics Anonymous. I have assembled some pamphlet packages to drop off at the hospital.

I have also been in contact with the Youth Rehabilitation on Victoria Ave. They have also stated they are unable to hold a meeting currently. But they would like if we could drop off pamphlets with regards to alcoholism and Alcoholics Anonymous. I have assembled some pamphlet packages tailored to youths to drop off at the rehabilitation centre.

I have reached out to the Grace Shelter and Shiloh transition house to inquire about providing a meeting, pamphlets, literature, or information and have yet to get a response.

If anyone has any suggestions on how we could bring Alcoholics Anonymous to other parts of the treatment community, they would be welcome.

There have not been any Bridging the Gap requests brought to our District over the past month.

If you have any questions, suggestions, or are interested in becoming a Temporary Contact for the Bridging the Gap program please contact me after the meeting, or via cell or email at: 905-269-2660 or [behaner\\_9@hotmail.com](mailto:behaner_9@hotmail.com)

**In Love and Service, Mike Behan**

### **Self-Support:**

I am an alcoholic and my name is Theresa. The Area 83 Self-Support virtual meeting was cancelled for the month of September.

There is a newly published Seventh Tradition Fact Sheet - Your Seventh Tradition Contributions (# F-203). The two page Fact Sheet is available on the aa.org web site.

I attended the District 34/36 Conference in Napanee last weekend. The new Fact Sheet was printed in colour and posted in highly visible areas at the Conference. In addition, updated Birthday / Celebration contribution envelopes, with the address for GSO and other self-support pamphlets, were made available for members to take back to their groups.

There are no scheduled presentations or service commitments coming up, although I remain available if GSRs would like me to attend.

Yours in Service, Theresa B. District 34 Self-Support

### **Conference:**

Okay a quick calculation more precise in my report in October. We had 12 groups from district 34 which includes district 34, which aided in making it another successful 34/36 conference. Approximately 116 members of the fellowship enjoyed the wonderful meals prepared by Shelley and her team from the lions club. we have booked the lions hall for next year so mark your calendar Sunday the 29th of September 2024. We had between 100 to 130 members of the fellowship enjoy the day.

If any groups have tickets that have not been returned please provide with the numbers so that we can account for all the tickets. Further if anyone has funds for the conference please provide it for Dorothy. A complete accounting will be forthcoming.

Hope this gives you the basics, I will have a complete report for our next meeting in October.

Heather

### **PIC:**

Lillian is away, so Bev is covering the Telephone Answering Service. Lillian had mentioned that she had no 12<sup>th</sup> step call list and is looking for volunteers to go on that list.

**6. OFFICERS REPORTS:(only copies of the reports that are emailed to you are included)**

**TREASURER:**

**Month of September 2023**

Balance forward from last month **\$2657.23**

Incoming contributions

Lennox Group – cash	\$200.00
Stirling Friday Night – chq	\$100.00
Sunrise Group – cash	\$50.00
Women Living Sober – chq	\$100.00
Tweed Group – chq	\$150.00
Trenton Group – chq	\$79.00
Second Chance Group – cash	\$300.00
7 <sup>th</sup> Tradition (August Dist meeting)	\$78.05
Cash for purchase of pocket and wall calendars	\$64.70
e-transfer for purchase of pocket and wall calendars	\$74.80

Total Incoming \$1,196.55

**Sub total \$3,853.78**

Expenses

pac*	TAS August	\$126.90
chq # 272	Treasurer- reimburse Sept/Oct rent @ Quinte Sports & Wellness Center	\$126.56
Chq # 273	Treasurer – reimburse cost of planners and calendars	\$139.50
chq # 274	Forward 2 <sup>nd</sup> Chance \$ to GSB	\$100.00
chq # 275	Forward 2 <sup>nd</sup> Chance \$ to Area 83	\$100.00
	Bank Charges	\$2.50

Total outgoing \$595.46

**Closing Balance \$3,258.32**

- \*pre-authorized chq

Reserve Account

Balance forward from last month **\$1,035.42**

Interest Earned this month \$2.28

Closing Balance **\$1,037.70**

**Contributions during meeting:**

Trenton Group	\$35.00
7 <sup>th</sup> Tradition	<u>\$54.00</u>
Additional Incoming	\$89.00

Added to Closing Balance gives: **\$3,347.32**

**DCM:**

Good evening, GSR's, Sub-committee Chairs, Elected Officials and guests. I am a Recoverd Alcoholic, Member of the Napanee Big Book Group of Alcoholics Anonymous and my name is Mike S. I am honored to be your District Committee Member for District 34.

I would like to thank both the members of District 34 and especially Bev H for stepping up and helping facilitate our August District meeting.

Additionally, I would like to thank Carla, our ADCM, for attending the Area 83 Committee meeting in my absence due to an unplanned work commitment.

Sadly, I will be stepping down as DCM for District 34 effective at the conclusion of tonight's meeting. This is not a decision made lightly as there have been multiple inventories written, discussions with my Sponsor, family and our ADCM. When our Big Book mentions "Life will take on New Meaning"; our founders were not kidding! And yes it is something that none of us want to miss.

I would like to thank each of you for all the support during my tenure as ADCM and DCM and I wish you many more happy and joyous days in both sobriety and service.

Yours in gratitude,

Mike S.

**Alt DCM:**

This month I had the opportunity to attend the Area 83 committee meeting on the DCM's behalf.

There has been an update to the meeting guide app that can be very helpful. There will be a tab at the bottom of the screen entitled "News" where if you click on it it will give access to emails that you haven't received. Also, on the Area 83 website there are two new buttons, one will bring up the final conference report, and enable links to show you how to book a room for the fall assembly in Kingston. Also an Events calendar with information about events going on in the area.

At the committee meeting there was much discussion regarding the motion put forward by District 6 regarding rotation of location for spring and fall assemblies. Decision made was to table the decision to be dealt with by an Ad-hoc committee in January.

Four decision points passed:

1 – Area 83 will create a Tech committee with a Tech chair to be elected in December 2024. There will still be a Webmaster, but the voice and vote will transfer over to the tech chair. There will be some housekeeping procedures within Area 83. This will give the tech chair authorisation to make purchases benefitting their role, such as Microsoft Office.

2 – Area 83 raised the idea of having ASL interpreters at Assemblies, this was tabled.

3 – A motion was made to provide a French-English interpreter for CERASSA, carried.

4 – A motion was made to raise the mileage allowance from \$0.40/km to \$0.50/km, carried.

In closing, the Fall Assembly will be in Kingston at the St. Lawrence College from October 27<sup>th</sup> to 29<sup>th</sup>, I hope to see District 34 well-represented. All are urged to pre-register directly on the Area website. I encourage you to attend as it will be an experience well worth remembering.

Yours in Service, Carla

**Secretary****Area 83 Reports forwarded to District:**

<b>Date Sent</b>	<b>Subject</b>
Sept 10	New GV/LV Apps FAQ
Sept 10	USE THIS ONE General Service Conference Final Report
Sept 26	The Grapevine and La Viña Apps are here!
Sept 26	Proposed Agenda Items Forms for GSC

Sept 26 August District Minutes and Carman's Report  
Sept 28 Fall Assembly Oct 27 - 29, 2023 - GSR Invitation and Agendas  
Sept 28 September District Agenda

## **7. OLD BUSINESS**

Notice of motion regarding District Website. Carman Moved that we hire Kasama to create our website. Paul-Eric seconded. Discussion. Motion Carried

## **8. NEW BUSINESS**

Inge moved that Carman be appointed Webmaster to takeover the website after the new website is up and running. Les seconded. Motion carried.

**NEXT MEETING DATE: October 26, 2023**

## **9. SHARING TIME:**

Mike B – there is a Women's treatment centre in Wooler that can use support of sober women at their meetings.

Theressa – We will need a new DCM at the next District meeting.

Paul introduced a new member, Rick M.

## **10. CLOSED WITH THE RESPONSIBILITY DECLARATION FOLLOWED BY THE LORD'S PRAYER.**