

DISTRICT 34 Minutes for October 26, 2023 MEETING

1. THE MEETING WAS OPENED BY Carla W. WITH A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.

READINGS OF THE: 12 TRADITIONS: Rick

12 CONCEPTS: Debra

ACCEPTANCE OF THE PREVIOUS MONTH'S DATED MINUTES

Motion: Les

Seconded: Cheri

Accepted

Carman asked that the agenda include the website update. Also reference to the Assembly coming this weekend, and Geoff asked that the Belleville Roundup support be included.

2. ACCEPTANCE OF THE CURRENT amended AGENDA under New Business

Motion: Bev

Seconded: Mike

Accepted

ROLL CALL: The Following Group Service Representatives were in attendance

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|---------------------------------|---------------------------------|
| 1. Bath HR Group | 11. Quinte Group |
| 2. Bath Rebuilders Group | 12. Second Chance Group |
| 3. Cannifton Friday Night Group | 13. Stirling Friday Night Group |
| 4. Consecon Better Life Group | 14. Sunrise Group |
| 5. Foxboro Friendship Group | 15. The Lunch Bunch |
| 6. Happy Destiny Group | 16. Trenton Group |
| 7. Marysville 12&12 Group | 17. Triangle Unity Group |
| 8. Napanee Big Book Group | 18. Tweed Group |
| 9. New Hope Group | 19. Women Living Sober Group |
| 10. Picton New Life Group | |

Sub Committees: Public Information
Corrections
Grapevine
Treatment
Conference

Officers: Alt. DCM

Treasurer
Secretary

3. GSR GROUP HIGHLIGHT REPORTS: (only written reports need be included in this section)

Stirling Friday Night: Good evening, friends. My name is Steven, a grateful alcoholic and GSR for the Stirling Friday Night Group. Attendance continues to be good at our Friday Night open speaker and Wednesday Night 12 + 12 closed discussion meetings. The Group's finances are stable. Our Group 's 50th. Anniversary celebration meeting on October 13th. had a very good turnout and thank you to the members of other groups who joined us on this special occasion. I won't mention how finger-lickin' good the carrot cake was. Birthdays In October are: Deborah T 21 years on the 6th; Bill B 20 years on the 10th; Garnet C 33 years on the 12th; Mary-Ellen S 28 years on the 15th; Jess W 1 year on the 23rd and Gordie C 33 years on the 26th. There are no medallion celebrations in November. Jess W's one-year will be on December 1st. Thank you.

Trenton Group: The Trenton Group has been having excellent speakers with good attendance. We are financially sound.

David D. will have 32 years on November 11 and will be accepting a 30 year medallion on that night.
Submitted in love and service,
Cheri

Bath Rebuilder's Group: My name is Meagan F. I am the GSR for the Bath Rebuilder's Group. There are no medallions to report this month. Our group is consistently attended on average 7-9 people per meeting. We remain in good financial standing.
Yours in Service, Meagan F

Foxboro Friendship Group: Here's the monthly report for The Foxboro Friendship Gr.
Our Group is doing very well with big attendance averaging 80+.
In the past couple of weeks we had 2 Medallions with standing room only.
On Nov 6th, Ashley M will have a 5yr Medallion.
All our Financial Obligations are being met.
Thanks for allowing me to be of Service.
Cheers, Les M Alt GSR

Tuesday Night Napanee Out of the Fog Group: I am an alcoholic and my name is Theresa. I am the GSR for the Tuesday Night Napanee Out of The Fog 12x12Group.
The group continues to be available in two formats, virtually and in person.
We have recently disbursed all available funds, leaving only our prudent reserve of three months operating expenses.
There are no medallions or celebrations in the month of November.
Yours in Service, Theresa B. GSR

Picton New Life Group: We are averaging about 20 people at our Sunday morning meeting, including some newcomers.
Our finances remain stable. On October 15 we had a one year celebration for Hidde Z, and welcomed several of his AA friends from the Toronto area. This Sunday we will have a celebration for Madeleine M

(40 years) and Shari S (5 years). On November 19 Ron P will celebrate 15 years of continuous sobriety. You are always welcome at the Picton New Life Group!

In service, Rob J. Alt GSR

Cannifton Friday Night Group: Hi from Cannifton Friday night group. Group has 4 new members and has 35-40 attending our open meeting on Friday at 8pm.

Group is doing well financially and meeting financial commitments.

Yours in Service , Kim S General Service Rep

4. SUB COMMITTEE REPORTS: (only copies of the reports that are emailed to you are included)

Treatment:

It's an honour to serve District 34 as your treatment chair, I am a member of the Cannifton Friday Night group, an alcoholic and my name is Mike.

On October 6th I met with Julia from Quinte Health at Belleville General Hospital and passed along the pamphlet packages I made up to her. They are still unable to hold a meeting at the hospital due to security issues, but she said she will be revisiting the idea with hospital management in December. She also expressed interest in having Alcoholics Anonymous come into the hospital to do an informational presentation on the program during Quinte Health's Educational Training week to staff members, which will be sometime in early 2024.

Also, on October 6th I dropped off the pamphlet packages I made up at the youth rehabilitation centre on Victoria Ave.

I spoke with the Salvation Army Community and Family Services about possibly bringing a meeting or information session into the centre, but they said they really don't have the space for it. They did express their desire to have some pamphlets for their office and Sally Ann. On October 19th I dropped off a couple of pamphlet packages at their office on Pinnacle St.

I still haven't heard anything from the Grace Shelter and Shiloh transition house to inquire about providing a meeting, pamphlets, literature, or information.

I also reached out to "New Life" Girls' Home, a recovery facility that was formerly located in Consecon, but has recently relocated to just north of Belleville. They are not interested in anything AA as they are not a 12 step recovery centre.

You might be wondering where all these pamphlets have been coming from? I received a donation from a member of pamphlets that were left over from an old group which helped to start and make these packages. I also placed an order through GSO for several pamphlets with some of the money given by the District to the Treatment Sub-committee position.

If anyone has any suggestions on how we could bring Alcoholics Anonymous to other parts of the treatment community, they would be welcome.

I am attending the Area 83 Fall Assembly this coming weekend and will be doing a brief presentation on Saturday morning at 11am for the Treatment workshop on the Service Information Day.

There have not been any Bridging the Gap requests brought to our District over the past month.

If you have any questions, suggestions, or are interested in becoming a Temporary Contact for the Bridging the Gap program please contact me after the meeting, or via cell or email at: 905-269-2660 or behaner_9@hotmail.com

In Love and Service, Mike Behan

Grapevine:

Good evening, everyone. My name is Debra and this is the Grapevine report for October.

New from Grapevine Publishing:

For a LIMITED TIME, give a gift of an AA Grapevine magazine subscription and add additional gift subscriptions for only \$13... a savings of 55% off the regular price!

Visit aagrapevine.org for more information.

Don't forget to download the New AAGrapevine app. You will find all kinds of useful info on the app, including the quote for the day and the popular Don and Sam podcasts.

If you would like to see the app or need help downloading it. Please see me after the meeting.

I will end my report with tomorrow's quote which is most appropriate:

"I don't foresee out growing my need for help"

Yours in Service,

Debra

Corrections:

* Bath Institution – H-Hour Group– Meetings with outside Volunteers every other Tuesday at 1300hrs. This is a Registered AA New York Group. Have started doing a Step Study bi weekly with Outside Volunteer providing guidance. Step 1 was covered. 1 Offender requested one to one meeting and has had to f2f meetings privately now.

* Quinte Detention Centre (QDC) - Alternative Times are any evening or anytime on weekends for meetings. Women's meeting is going well. Can use some volunteers who live close by and you can pretty much arrive any evening to put on a meeting based on their personal availability.

* Millhaven Maximum Federal Institution- Behind the Wire Group – Facility wants to switch to another unit and meeting bi weekly at 0930hrs.

Napanee Area round-up had a table/display provided by Area 83 Corrections Chair Mike and Les. M also assisted, it went really well and perhaps we should have our own Corrections display for the future?

Please contact me if you require an application for Quinte Detention Centre or any of District 34's two Federal Institutions or any corrections assistance.

Always require Daily Reflections, Big Books and Grapevines and really appreciate all the Groups who support this endeavor. Always need Volunteers to Carry the Message if you have a few hours per month during the daytime.

This will be my last meeting until April 2024 and Les. M will carry the Corrections Torch until then, see y'all in 2024 and email me if you ever have questions or want to help carry the message inside the walls.

Email cdndishman@hotmail.com for Corrections Application (please indicate Quinte Detention Centre, Bath, or Millhaven) to commit to entering Prisons in our Area in 2023 to help Carry the AA Message! Gods Speed.....Gratefully yours in Service – Neil W. 613-530-6362

AA Corrections Chair District #34 – Quinte East

Self-Support:

I am an alcoholic and my name is Theresa. I have been attending many of the Area 83 Self-Support virtual meetings. The common theme of self-support, is to ensure that all groups and individual members are aware that Alcoholics Anonymous is self-supporting through our own money and time.

I have continued to go to various groups in our District, offering support to GSRs & Treasurers to provide short presentations on self-support. In addition, there are some excellent electronic resources available on the Area 83 website (Self Support Resources).

I am registered to attend the upcoming Fall Assembly and will be attending various workshops on Saturday.

Just a reminder, as I mentioned at our last meeting, there is a newly published Seventh Tradition Fact Sheet - Your Seventh Tradition Contributions (# F-203). The two page Fact Sheet is available on the aa.org web site.

Yours in Service, Theresa B. District 34 Self-Support

PIC:

As Lilliane was away last month, thanks go out to Bev H. for covering the TAS for her. Lilliane mentions that she has no 12th Step Call List and that we are looking for volunteers for the 12th Step Call List.

5. OFFICERS REPORTS:(only copies of the reports that are emailed to you are included)

TREASURER:

Month of October 2023

Balance forward from last month		\$3,347.32
<u>Incoming contributions</u>		

Cannifton Friday Night - e-transfer	\$100.00
Stirling Friday Night – chq	\$100.00
Tweed Group – chq	\$150.00
Stirling Sunday morning	\$300.00
Trenton Group - chq	\$35.00
Districts 34/36 Conference – chq	\$200.00

7 th Tradition (current Dist meeting)	\$88.10
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Total Incoming	\$1,023.10
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Sub total	\$4,370.42
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Expenses

pac*	TAS	\$126.90
	Bank Charges	\$2.50

chq # 276	Belleville Round-up	\$200.00
Chq #	Belleville Round-up Display (Note 1)	\$200.00

Total outgoing	\$570.42
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Closing Balance	\$3,800.00
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Reserve Account	
Balance forward from last month	\$1,037.70
Interest Earned this month	\$2.30
Closing Balance	\$1,040.00

- *pre-authorized chq
Note 1. Actual cost of display to be determined, but not to exceed \$200.00

Alt DCM:

Good Evening Friends. I am an alcoholic, member of Napanee Big Book. My name is Carla and I am pleased to be serving as your Alternate District Committee Member.

As you know, this weekend is Assembly and again it will be hybrid for those of you who are not able to attend in person. Online Registration has now closed and so if you have not yet registered, please do so in person.

This weekend consists of 3 parts.

1. There will be a speaker meeting on **Friday evening**.
2. **Saturday** is the Service Information Day and the Service Information Day Committee has some wonderful workshops planned. There is literally something for everyone and this is a great opportunity to learn about your current role or perhaps learn about a role you may like to have in the future.
3. **Sunday** is our Area Business Meeting. This is the actual "assembly".

The A.A. Service Manual defines an Assembly as follows: "The Area Assembly is the mainspring of the Conference structure – the democratic voice of the movement expressing itself." Just our District tables meet monthly to oversee the affairs of A.A. in District 34, and home Groups usually have regular business meetings, to handle matters that require a group conscience decision, the Assembly is the business meeting of Alcoholics Anonymous in Area 83.

Much like at our District Meeting there will be issues discussed and voted on that will have a direct impact on us as part of Area 83. And your voice and vote do matter.

To that end, all GSR's have a voice and vote - in their absence, the Group's Alternate GSR. In their absence, a member of the registered Group may vote. There is one vote per person and because this is where the business of AA is discussed and decided I really encourage you to attend.

I encourage you to attend both the Service Information Day on Saturday and the Assembly on Sunday so that you can be a voice for your group and also continue to grow in your service journey.

I have printed out some information regarding the Service Information Day for your planning!

I look forward to seeing you there!

In Love and Service **Carla Wagar**

Secretary:

Area 83 Reports forwarded to District:

Date Sent	Subject
Oct 01	Story solicitation:"A.A. for the Native North American Alcoholic"
Oct 01	Fall Assembly Reminder
Oct 02	September District 34 Minutes
Oct 05	Story solicitation "Do You Think You Are Different?"
Oct 05	GSR Workshop - Tues. October 17th at 8PM
Oct 05	Lunch bunch group will be closed on Monday....for reasons with the church..could you send out a notice ...ty in advance
Oct 08	Corrections Desk Activity Update
Oct 16	September 16, 2023 - Area Committee Meeting (ACM) Minutes
Oct 19	AA for Native North American pamphlet writing workshop
Oct 19	A.A. Digital Press Kit - Now Available!
Oct 21	AAWS Highlight: Return Announcement
Oct 24	October District Agenda

Bev asked that the most current District contact list be provided. Will come with the October minutes.

6. OLD BUSINESS

Inge moved that Rick M be nominated as Archives chair, Lilliane seconded. Motion carried. He has had 6 years experience as Archives chair in D6, and another 6 in D18. Rick M is now D34 Archives chair.

7. NEW BUSINESS

Inge moved that Carla be moved up from ADCM to DCM. Lillian seconded. Motion carried. Carla is our new DCM.

We now have an updated meeting list. There is now a printable feature for the meeting list from the website.

Belleville (Thurlow) Round-up will be held November 18th. Looking for support. Les moved that the District provide \$200.00, Inge seconded. Motion carried

Corrections asked for a Literature Rack/Demo-Display be prepared for a Pre-release fair. Neil moved that D34 approve up to \$200.00 for this Corrections display. Carman seconded. Motion carried.

Carman brought an updating report on the transition to the new District website using Squarespace.

New Website Progress Report

First of all, I have asked 3 members of Alcoholics Anonymous to help me with this new project.

On behalf of District 34, we signed a contract with Kasama Marketing to develop a new website using Squarespace as its platform. We paid \$565 or 50% of that contract and the invoice has been submitted to the table. After we signed the contract Kasama moved a copy of our present website over to Squarespace. They forwarded us a site map or chart of our present website. We were asked to indicate what edits we would like to see to what pages. We kept all the pages and added a page for "Newcomers.

All of our present content was placed in a Word document We now have the responsibility to cut, edit, add, or rearrange that content until we are satisfied with the content and its location. Kasama will then create our new website. We expect this to take two to three months.

The second document that we received from Kasama was a spreadsheet with detailed information about every group in District 34. This document was to ensure a smooth transition to the Meeting Guide App. Our responsibility is to ensure that the information on this document is totally accurate. The 4 places that we used to get correct information were the Area 83 Registrar, the Meeting Guide App, our own website, and finally hard copy of our group meeting list. Variations in group descriptions such as the group name, no longer a group, virtual, live, or both, open, closed, 12 step groups, discussion groups and Big Book Study groups, were all part of the descriptions we had to resolve. We feel now that we have accurate group information. We will have the group information sheet available through our minutes for your examination.

Any problems that currently exist in our website cannot be rectified until there is a switch to the new website. Please direct any inquiries to my email address at sonny4326@gmail.com or 613 920 5590.

NEXT MEETING DATE: November 30, 2023

8. SHARING TIME:

Geoff: Invite Grapevine to bring a display at the November 18th Round-up

Bev: Suggest invite other committee chairs to do the same.

Neil: Always looking for more volunteers to go into the facilities. Help can be available to apply for the security checks.

Mike B: There is a new Wednesday meeting at 8:00pm, it will be a Big Book meeting.

9. CLOSED WITH THE RESPONSIBILITY DECLARATION FOLLOWED BY THE LORD'S PRAYER.