

DISTRICT 34 Minutes for December 28, 2023 MEETING

1. THE MEETING WAS OPENED BY CARLA W. WITH A MOMENT OF SILENCE FOLLOWED BY THE SERENITY PRAYER.

READINGS OF THE: 12 TRADITIONS: Paul G – New Hope Group

12 CONCEPTS: Inge D – Triangle Unity Group

ACCEPTANCE OF THE PREVIOUS MONTH'S DATED MINUTES

Motion: Les M – Foxboro Friendship Group

Seconded: Inge D – Triangle Unity Group

Accepted

2. ACCEPTANCE OF THE CURRENT AGENDA

Motion: Wendy A – Tweed Group

Seconded: Christine B – Picton New Life Group

Accepted

ROLL CALL: The Following Group Service Representatives were in attendance

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|-----------------------------|--------------------------------|
| 1. Foxboro Friendship Group | 7. Second Chance Group |
| 2. Happy Destiny Group | 8. Stirling 12 & 12 |
| 3. Lennox Group | 9. Stirling Friday Night Group |
| 4. New Hope Group | 10. Sunrise Group |
| 5. Picton New Life Group | 11. Triangle Unity Group |
| 6. Primary Purpose Group | 12. Tweed Group |

Sub Committees: Corrections
Webmaster
Treatment

Officers: DCM
Alt DCM
Treasurer
Secretary

Visitors: 1

3. GSR GROUP HIGHLIGHT REPORTS: (only written reports will be included in this section)

Trenton Group: Due to family visits I will be unable to attend the district meeting this month. Our group is doing well financially and we are meeting our obligations. We continue to have interesting and well received speakers at our meetings. There are no birthdays or medallions to report for January. Wishing all a very happy new year,
Cheri GSR Trenton Group

Stirling Friday Night Group: Good evening, friends. My name is Steven, a grateful alcoholic and GSR for the Stirling Friday Night Group. This is my last report as GSR, as I will be formally stepping down from the position at the Group's business meeting tomorrow night. The Group is also having its Gratitude Meeting the same night starting at 8:00 pm. Attendance is good at our Friday Night open speaker and Wednesday Night 12 + 12 closed discussion meetings. Our 7th. Tradition is quite well supported and the Group's finances are stable. Jess W's one-year medallion celebration on December 1st. was very well attended. Thank you to all who turned out. Birthdays in January are: Alex M 6 years on the 1st, Wally J 25 years on the 7th and Paul E 7 years on the 21st. There are no medallion celebrations scheduled so far for January. I wish you all, as they say back in dear old Glesga toon, a Happy Hogmanay and Lang May Yer Lum Reek in 2024. Yours in Love and Service. Thank you.

Lunch Bunch Group: I'm an alcoholic name is James, GSR for the LUNCH BUNCH GROUP in Trenton...Attendance is steady, although down slightly because of the holidays...7th tradition is still healthy despite having more expenditures than usual...we celebrated one one yr medallion on Dec 2nd for Brandon D..also we have one, one yr medallion on January 30th for Jenn T, our Alternate GSR..who will be celebrating on that date at 12 noon at Ebenezer church in Trenton...we have 1 new member in Nancy B...On behalf of the LUNCH BUNCH GROUP, I wish everyone another 24hrs of sobriety...THE END

Bath Rebuilders Group: We have no medallions or celebrations this month but our group will be celebrating 10 years January 2, 2024. We have more people attending meetings on a weekly basis and we have gained two more members this year. We continue to be in good financial standing. Meg F

Primary Purpose Group: I'm an alcoholic, GSR for the Primary Purpose Group and my name is Mike. Our meeting is held Wednesday's at 8pm at St. Matthew's United Church, 25 Holloway St, Belleville. You can park out back and enter through the back door. The meeting is up the stairs at the end of the hall on the second floor. This is a wheelchair accessible location. This is a Closed Big Book Meeting of Alcoholics Anonymous. We have had fairly steady attendance over the past month ranging from 6-14 people. We are self-supporting through the 7th tradition. We have no new members and have had no birthdays. Our basic text Alcoholics Anonymous lays out the instructions to the 12 steps, please come and join us in reading and discussing our program of recovery. It's a "design for living" that really works(p 28). In Love and Service, Mike B

Foxboro Friendship Group: The Foxboro Friendship Gr is doing really well in all aspects. We're getting between 60 - 70 out per meeting. Our financial needs are being met. Gord T has a 45 yr Medallion on January 15th. The Group meets at 8pm on Monday Evenings, come on out and see us, we're a Friendly Group.

" KEEP IT SIMPLE " Les M Alt GSR

4. SUB COMMITTEE REPORTS: (only copies of the reports that are emailed are included)

Corrections: GOOD EVENING

My name is Les M, I'm a alcoholic and Alt Corrections Chair for District 34.

Meetings at Quinte Detention Centre are running well, Lillian and Deb T are doing a great job, Deb has been going in on the weekends to put A.A. Meetings on.

At Millhaven Maximum Institution things have been a bit slow, I wasn't able to make the last meeting, account road conditions. The meetings here are now at 930am, and we are not getting much of a turnout but will keep going in when required hoping attendance will improve.

At Bath Medium Institution the meetings are going very well with attendance between 15 - 20. We are presently going through 12 Steps /Back to the Basics. I was in there 2wks ago. Next meeting I attend there will be Jan 9th, account these meetings are shut down during the Christmas break. I also made myself available for those that want to do a Step 5.

As of now it's only me going in since Neil W is down South. We always need volunteers for all 3 places. If you're interested we can help you out. Also we can always use soft cover Big Books, 12&12 and Daily Reflections and plastic beginner chips.

Thanks for allowing me to of Service for District 34.

Service Rocks. Les M

Treatment: It's an honour to serve District 34 as your treatment chair, I am a member of the Primary Purpose group, an alcoholic and my name is Mike.

As mentioned last month, I had reached out to the Addictions Manager of CMHA for Hasting Prince Edward. He contacted me on December 9th about starting a meeting and was wondering what times and dates work for us. He is still unsure of the location but is looking start a meeting in the new year.

Also last month I was informed of an open house at the Grace Inn Shelter here in Belleville on Church. On December 7th I attended the open house with a several pamphlet packages and literature. The staff at the shelter was thrilled to see someone from Alcoholics Anonymous there and welcomed me in with open arms. Two individuals were really excited to work and collaborate with AA. Bayley, the Manager of the Shiloh Transition House, expressed interest in receiving pamphlets and books as well as having a presentation put on at the house for the individuals who are transitioning from the shelter to the real world. Also, Emma, the Systems Navigator at the shelter was extremely adamant about starting a weekly meeting for their guests in the new year and took an abundance of pamphlets and some books to have at the shelter.

Due to the holiday season I have not been in contact with either the Grace Inn or Shiloh House, but plan on reaching out when the calendar rolls over. I am creating an information presentation to be able to present to shelters, treatment centres, and hospitals on what resources we have, what AA is and isn't, an outline of the program of recovery and traditions as well as the importance of sponsorship and a home group.

There hasn't been any Bridging the Gap requests brought to our District over the past month.

Literature and pamphlet donations are always welcome. If you have any questions and/or, are interested in becoming a Temporary Contact for the Bridging the Gap program please contact me after the meeting, or via cell or email at: 905-269-2660 or behaner_9@hotmail.com

In Love and Service, Mike B

Web Master: We received the first draft of our new website a few weeks ago.

Kasama Marketing has familiarized itself quite well with Alcoholics Anonymous

Visually, the draft is quite attractive but requires several changes and relocation of information. I have asked our DCM, new Alternate DCM and Bev H to give feedback on the first draft. Their comments and suggestions were greatly appreciated.

We will be adding resources that you may want or need and links to sites that you may wish to access. We will be forwarding the first actual website changes and relocation of information to Kasama by the middle of next week.

The site needs to attract future Webmasters. Individuals with limited computer skills and a willingness to serve will be able to manage this site. We can definitely count on Kasama Marketing to enthusiastically help us with any issues moving forward.

Make it easy for groups and individuals in District 34 to use the site is our main goal and we want the site to be the first place you go to access information.

Our previous webmaster and our District 34 website provided us with most of what we needed. With the new website we should not ask the Webmaster to stay for 9 years. This webmaster will have a case of dementia or be dead. Please fire me before that happens.

Yours in Love and Service: **Carman D.**

Grapevine: Good evening everyone, my name is Debra and this is the Grapevine report for December.

It has been a quiet month for the Grapevine as people get ready to see 2023 out.

It has been a record year for District 34 Grapevine product sales, as local – in-person conferences (roundups) have returned.

I wish you all a safe and sober 2024!

As per my custom I will end my report with the Grapevine Daily quote:

“As I continue to see the inherent worth and dignity in every human being, I will continue to live on a more level playing field with everybody.”

Yours in Service, **Debra**

5. OFFICERS REPORTS:(only copies of the reports that are emailed to you are included)

TREASURER:

Month of December 2023

Balance forward from last month	\$2,372.65
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Incoming contributions

Picton 12 and 12 Group	\$50.00
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Tweed Group	\$456.00
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7 th Tradition (current Dist meeting)	\$56.10
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Total Incoming	\$562.10
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Sub total	\$2,934.75
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Expenses

***Extend Communications	\$131.87
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Bank Charges	\$2.50
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Secretary Printing Expense	\$10.00
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chq #	Treatment (literature)	\$200.00	
Chq #	Corrections (literature)	\$200.00	
	Total outgoing	\$544.37	
	Closing Balance		\$2,930.38
Reserve Account			
	Balance forward from last month		\$1,044.69
	Interest Earned this month		\$2.31
	Closing Balance		\$1,047.00

*pre-authorized debit

DCM: Good Evening Friends

This month was a slower month – but I attended the DCM sharing session on December 14th where we were given some information about about PCAS committee which will be elected at the Area Committee meeting in January.

The most recent Box 459 was emailed to you at the end of the month and some of you may have noticed that there is a new feature on aa.org – a Frequently Asked Questions section – this looks like an awesome resource -especially for those newer members who may be looking for answers about our fellowship. Not only can one find answers to those questions you have always wanted to know but were too afraid to ask – but you will also be linked to where that information comes from – a page in our literature, a pamphlet. There is a wealth of information at your fingertips.

Earlier this month you would have received information from the 2022 Membership Survey. These results were tabulated from more than 6000 AA member randomly selected and surveyed by the General Service office for the US and Canada. This survey provides a snapshot of the current membership. Some interesting information – 41% of our current membership has been here for more than 20 years, 73% got a sponsor within 90 days and most of us are in the tech sector.

As you may recall – the most recent 2023 survey has just closed and it will be interesting to see how the fellowship changes over time.

In Service

Carla W

Alt DCM: Good evening, District 34 "Table". My name is Steven, a grateful alcoholic and your Alternate DCM. I visited the Moira Getting Better Group on Sunday, December 10th. There were three members present and no other visitors. The Group, as one of the few in the District allowed to to remain open, did well during Covid but once restrictions were lifted, "keep coming back" did not happen. Additionally, the Group feels that the availability of online meetings has not helped it. I went to One Page At A Time Group on Friday, December 15th. There were no cars in the parking lot, no smokers outside, the Church was dark and its doors locked. I also visited Desire Group on Saturday, December 16th. There were two members present and no other visitors until our Archivist, Rick M, showed up. The Group advises that, generally, very few people are attending. Also, this month, our webmaster, Carman D, provided me with a Draft of our new website. It's going to be pretty amazing. Great job, Carman! That's all folks. Thank you for allowing me to be your Alternate DCM.

Secretary: Good evening friends, my name is Pat and I am an alcoholic. I want to thank you for your patience as I serve as your District Secretary. I thank those of you who have sent me your reports via email as it makes my job a lot easier. Here is a list of reports I have forwarded this month:

Area 83 Reports forwarded to District:

Date Sent	Subject
Dec 05	2023 Fall Assembly - Minutes
Dec 05	2022 Membership Survey Alcoholics Anonymous
Dec 17	Next GSR workshop THIS TUESDAY- December 19th
Dec 28	December D34 Agenda
Dec 28	Opening for Two Appointed Committee Members for trustees' Committee on CPC/Treatment and Accessibilities
Dec 28	Communication regarding address for contributions from Canada
Dec 28	November District Minutes

6. OLD BUSINESS

We have the vacancy of Co-operation with the Professional Community. Kelsey R. is willing to stand as our CPC representative. After some discussion and looking at the Operating Procedures, Kelsey was voted in.

7. NEW BUSINESS

The cost of the answering service is extremely high. It was \$1725.76 for the year which worked out to be about \$143. per month. How much is it per call? Could we have PIC look into this. Carman moved that PIC look into how many calls to TAS per month have we received over the past twelve months. Les M seconded. Motion carried

NEXT MEETING DATE: January 25, 2024

8. SHARING TIME:

A concern was raised regarding attendance at District meetings and the difficulties some have with attending in the winter, so a suggestion was made to make the District meeting hybrid.

9. CLOSED WITH THE RESPONSIBILITY DECLARATION FOLLOWED BY THE LORD'S PRAYER.